

New Jersey Mental Health Planning Council (MHPC)

Meeting Minutes

April 11, 2012

Notices to announce the date, time and location of this meeting were sent out to the following news outlets: *Newark Star-Ledger*, *Asbury Park Press*, *The Times* (Trenton), *Bergen Record*, *The Press* (Pleasantville), and the *Courier-Post* (Cherry Hill)

Attendees:

Jacob Bucher	Winifred Chain	Lisa Negron
Karen Vogel Romance	Damyanti Aurora	Lean Barhash
Donna Best	Julian Fowler	Karen Carroll
Patricia Dana	Alice Garcia	Teresa Buxton
Marilyn Goldstein (phone)	Ana Guerra	Joseph Gutstein (phone)
Michael Ippoliti	Gail Mesavitch	Phil Lubitz
Christopher Lucca	Patricia Matthews	Brenda Pateman (phone)
Hazeline Pilgrim (phone)	Jim Romer (phone)	Regina Sessoms (phone)
Harry Coe	Robin Weiss	Marie Verna

DMHAS, DCBHS & DDD Staff:

Geri Dietrich	Pat Bernabe	Dona Sinton
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Guests:

Louann Lukens	Rachel Morgan (phone)	Eileen Doremus
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- I. Administrative Issues/Correspondence/Review of Previous Minutes
 - A. Minutes from the March meeting were reviewed and approved with the edits provided on the phone to Dona from Jack
 - 1. Mike Ippoliti's name was corrected on the membership subcommittee notes
 - B. Phil welcomed new members Gail Mesavich, Ronald DaFeo, Dr. Lucca and Thomas Pyle
- II. Announcements
 - A. Robin Weiss and Louan Lukens will chair the advocacy subcommittee that will meet after this meeting and again at noon on May 9 in room 378
 - B. Membership subcommittee will meet at 9 AM on May 9 in room 378
 - C. The five year review on the Mental Health Block Grant will take place this summer and Donna Migliorino will present at the next meeting to discuss
 - 1. The format may be different this year as they are decreasing the amount of time in the State but they do want to meet with the Planning Council.
 - 2. Question: Marie Verna – Is it OK to let the federal reviewers know we aren't pleased they aren't including peers in this review? Answer: Phil Lubitz – We can discuss this at the Advocacy Group meeting

- D. Quality improvement Fair hosted by UBH on June 14, 2012; let Marie Verna know if you want to attend and there will be many hospitals and community providers in attendance
 - E. Wellness conference is June 5 and 6
 - F. COMCHO conference is April 28
 - G. Phil will be participating in a hospital rebalancing webinar this afternoon with Kevin Martone
- III. Waiver Subcommittee Updates - Phil Lubitz
- A. Draft consolidated report was presented to the Steering Committee
 - B. There is talk of convening a group for DD and MI
 - C. Report will be given to the Commissioner in May and then it will be a public document
 - D. DHS will release an RFP for the ASO
 - 1. Question: Marie Verna - Will the subcommittee members see something before it goes to the Commissioner? Answer: Per Mollie Greene, the chairs of the subcommittee's will see the final draft for comment.
- IV. Juvenile Justice Commission (JJC) presentation – Alice Garcia and Theresa Buxton
- A. Alice Garcia is a Planning Council member and the JJC Director of Social Services
 - B. The JJC was established in 1995 in the Division of Law and Public Safety in the Office of the Attorney General and is responsible for the care and custody of juvenile offenders
 - C. A PowerPoint was presented that included their mission, focus on re-entry, and an overview of their programs, including the juvenile detention rehabilitation initiative and specialty programs such as substance abuse programs for boys and girls, programs for youth with diplomas, programs for youth with a history of sex offenses, programs for boys with special needs, and three units for children with mental health issues. Also discussed were case action plans, the case action teams, family visits, the special case review committee and the meetings that are scheduled with partners prior to the child's release 120-90 days in advance
 - D. Questions/Comments
 - 1. Robin Weiss – What do you mean by committed: A: Sentenced by the judge to the JJC (adjudicated)
 - 2. Chris Lucca – Do you do psychiatric tests? A: Yes
 - 3. What is the age group? A – thirteen to 21, but the average age is 17
 - 4. Marie Verna – Where are they diverted? A: To something closer to home within the State system
 - 5. What about kids with co-occurring disorders? A: We have substance abuse programs
 - 6. Marie Verna – What percentage has co-occurring disorders? A: I don't know the number for co-occurring, but those with Substance abuse issues are about 70%. We're working towards increasing training for co-occurring disorders
 - 7. Chris Lucca – The psychologist will go to extended training on substance abuse and substance abuse counselors will complete

- continuing education units on mental health issues. Dual licensure isn't required. A: Correct. There is cross over but it's not required.
8. Marie Verna- Who does the training? A: University Correctional HealthCare and the substance abuse training is in house every two weeks
 9. Pat Bernabe – JJC is great. It really works with families and parent likes it.
 10. Harry Coe - Are you entitled to some rights for medications? A: Yes medication is entirely voluntary, but both parent and child have to sign forms for medications. Very rarely will we have kids who go to hospitals
 11. Pat Bernabe – When does the screening tool MASIE come in? A: At the juvenile detention center
 12. Anne Guerra – What are the most used substances? A: Marijuana and alcohol, although the kids say they are only dealing and not using, but they score around a 3.5 on the SASSI tool though.
 13. Chris Lucca- That is a fabrication about selling and not using. A: Yes.
 14. Marie Verna- What is the most common goal in the plans? A: Education as we have school year round and we encourage kids to graduate with their GED or go to college classes
 15. Marie Verna- What is the most common disability for referrals? A: Major depression or bipolar disorder
 16. Jack Bucher – So it sounds like most have substance abuse issues? A: 35% have mental health special needs, but the number is higher for girls alone, and also includes post traumatic stress disorder and depression. Perform Care referrals are about 20% of our referrals
 17. Harry Coe- How many families want to be involved? A: Many don't want to be involved. We call monthly and even more often the closer to release. We try to prepare kids with a Red Pack upon release, which includes their photo ID, social security card, unofficial transcripts and other items to help them re-enter community
 18. Harry Coe- How many kids are in gangs? A: 60-70% are gang involved and we use the Phoenix gang curriculum
 19. Jack Bucher – Do you track your success rate? A: I don't know the numbers but we are in the process of doing a study
 20. Joe Gutstein – How far will this study go out? A: we will go back one year and out 6 months for this study and will start to accumulate more alumni activities.
 21. Marie Verna- When you determine outcomes, will you include consumers, those who have used your system? A: Will get their input on system, but it will be more of a computer generated study
 22. Chris Lucca – A qualitative study could be profound too because it puts a face to the quantitative data you'll generate.
 23. Mike Ippoliti - Have youth come up with the questions so they can get an understanding of an in depth report.
 24. Lisa Negron- The more involvement and getting their input is good; it gives them an interest in their recovery and increases their responsibility

V. Planning Activities and Recommendations – Phil Lubitz

A. For future meetings topics for consideration include:

1. Jeff Guenzel to provide update on transition of adolescents to the Department of Children and Families at the May meeting
2. Pat Matthews from the Division of Aging to present
3. Wellness and Recovery Action Plan
4. CSP to present on self-help centers

Next Meeting

MHPC General Meeting: 5-9-12, **10:00am-12:00** noon, Room 336